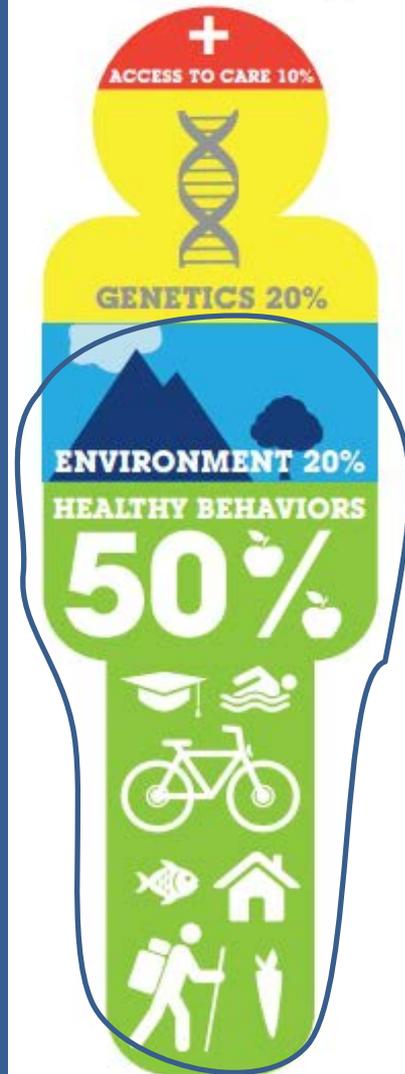


# Public Health & Redevelopment

City of Tigard Brownfields Initiative Public Workshop  
October 7, 2015



## What **Makes** Us Healthy



## What We **Spend** On Being Healthy



# HEALTHY COMMUNITIES = HEALTHY BUSINESSES

Building a healthier community saves lives and money.



## BIKING SAVES MILLIONS

Do you have bike racks? Are there bike lanes on your streets? Bicycle commuters saved Iowa \$13.2 million a year in health care costs and \$73.9 million for those who cycle recreationally.



## SMOKE-FREE SPACES SAVE LIVES

Are your shared community spaces and workplace smoke-free? Smoke-free strategies and education prevented 800 thousand deaths related to lung cancer between 1975-2000.



## HEALTHY OPTIONS. HEALTHY CHOICES.

Are healthy foods affordable and accessible at work meetings, in vending machines and in your community? Research shows that making the healthier option the default can lead to healthier choices.



## WALKABLE SPACES + ECONOMIC GROWTH

Do your workplace and community make physical activity easier? In one California city, \$10 million spent on more walkable public outdoor spaces spurred a \$125 million economic investment in the local downtown area, which led to the creation of 40 new businesses and 800 new jobs.



elefint  designs

Full references available at [bit.ly/preventionmeansbusiness](https://bit.ly/preventionmeansbusiness)

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# Health-Focused Redevelopment

Provides equitable access to:

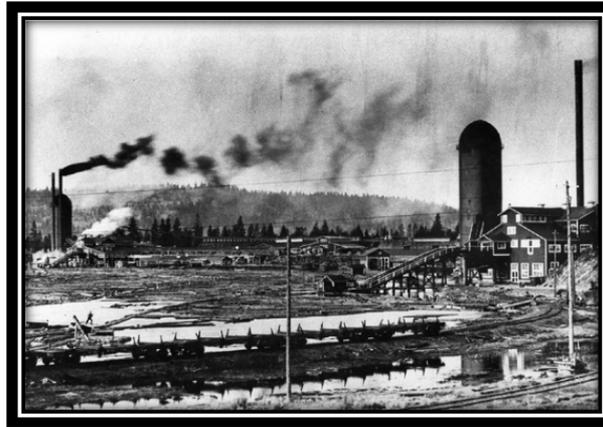
- quality, affordable housing
- nutritious, affordable food
- recreation and greenspace
- multi-modal transportation options
- schools, libraries, youth centers, hubs for community gathering
- healthcare facilities
- jobs and economic development for local people
- mechanisms that track changes and measure success

# Before and after

Chiloquin, Klamath County



Bend, Deschutes County



Mosier, Wasco County



# Before and after

Beaverton, WA Co



N Portland, Mult Co



SE Portland, Mult Co



# Before and after

Sunriver, Deschutes County



Bend, Deschutes County



Prineville, Crook County



# What will the “after” picture look like in Tigard?

