

# **The Face of Homelessness in Tigard**

Just Compassion of East Washington County

A Report Submitted to the Tigard City Council

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## **The Face of Homelessness in East Washington County**

Just Compassion is a coalition of religious, service, civic and business organizations that have joined together to network and share resources for creating a safe and hospitable environment and a community centered response to the needs of those without homes and those living in poverty in Tigard, Tualatin and Sherwood. The members of Just Compassion are Bethlehem House of Bread, Calvin Presbyterian Church, Jubilee Transition Homes, Love INC Tigard, Luke-Dorf, RiversWay Friends Showers and Laundry Day, Rolling Hills Community Church, St. Anthony Catholic Church, St. Francis Catholic Church, Tigard St. Vincent de Paul Food Pantry, Tigard United Methodist Church. The assistance provided by Just Compassion's organizations are showers and laundry, food and hot meals, severe weather shelters, mental health support, housing assistance and transitional group housing, physical and service supports and referrals.

In this report we have provided the face of homelessness from our collective experience of offering opportunities for restoring human dignity to adults experiencing homelessness in East Washington County. Our biases are evident as we primarily encounter the homeless in situations where they are looking to us to provide assistance. In part, because of this posture, we are able to look beyond the exterior presentation and behaviors, and partner with them to begin restoring a sense of self-respect and dignity.

It is our assumption that there are many others individuals experiencing homelessness, which we are not encountering. They are living in cars, camping in isolated areas, or staying separate of the homeless population we serve for other reasons (shame from the stigma of being homeless, warrants, disabilities, mental illness etc.).

The Point in Time count in Washington County is part of the national effort started in 2008 to "End Homelessness Now" and offers data that shows characteristics of the homeless population and trends for transitioning into housing. This national effort initiated 10-Year Plans to end homelessness across the country. According to a recent federal report, homelessness among Veterans is nearly nonexistent, showing the impact of this national effort. In January 2015, the top five cited reasons for homeless were unemployment, could not afford rent, criminal history, mental/emotional disorder, and kicked out of household by family/friends. Moreover, because of community efforts, the homeless population in Washington County is decreasing. In January 2013, there were approximately 1,153 adult individuals who were counted as "literally homeless." In January 2014, there were 1,011 and in January 2015, the literally homeless population counted was 776 people. (See Resources for the links to these reports.)

Because of our long-term relationships with homeless individuals and the changes we have seen in them through the years of consistent supportive contact, Just Compassion is committed to opening a day center in Tigard. Our experience of working across organizations in training and providing services like showers and laundry, have inspired us to seek partners to collaborate in this endeavor. This focus on collaboration aligns with Objectives 1 and 2 of the Federal Strategic Plan to Prevent and End Homelessness:

Objective 1: Provide and promote collaborative leadership at all levels of government and across all sectors to inspire and energize Americans to commit to preventing and ending homelessness.

Objective 2: Strengthen the capacity of public and private organizations by increasing knowledge about collaboration, homelessness, and successful interventions to prevent and end homelessness. ([http://usich.gov/opening\\_doors/](http://usich.gov/opening_doors/))

Additionally, our efforts align with the Washington County 10-year Plan that includes linking people to appropriate services and removing barriers, and increasing income support and economic opportunities (A Road Home: 10-Year Plan to End Homelessness July 2008-2018, p. 31). Tom Brian, Chairman of the Washington County Board of Commissioners restated the collaborative initiative, "The collective capacity of our compassion and commitment is greater than the depth of this challenge. We believe a reduction of homelessness is an achievable goal in Washington County through this 10-Year Plan." (<http://www.co.washington.or.us/Housing/upload/Media-Release-10-Yr-Plan.pdf>). See more on Oregon, Washington County, and Tigard City goals in Appendix E.

We created this report for you as part of the national and county initiative to end homeless now, and for the sake of the persons experiencing homelessness in our communities.

## **Homelessness in Our Communities**

Though not always apparent, the homeless may be seen quietly roam the streets during the day looking for places to stay out of the weather (the public library, public transportation and transit centers, park shelters, local businesses, motels, hospital emergency rooms, food pantries, and fast food restaurants). If or when drugs and alcohol are involved, behavior can lead to disorderly conduct and sometimes violence. Unprotected exposure to extreme weather conditions can also lead to unwarranted behavior.

The homeless person (in general) blends into the environment. Most wear bland colored clothing and often have a backpack that contains their most important possessions. Ideally,

these items include social security card, driver's identification card and birth certificate. There may be a blanket, jacket if not being worn, bottle of water, food, medication, cell phone, cigarettes, and electronics.

Up close, you may notice visible signs of poor dental hygiene such as stains, tartar buildup, and absence of teeth since extraction is the usual dental ache solution. Clothing is often soiled and will be well worn. Hands are rough. Men usually have facial hair. You may be able to have eye contact if you have a conversation, but frequently eye contact is avoided.

## **The Impact of Homelessness in Tigard**

Homelessness impacts our community by expending resources, decreasing public appeal, and challenging a sense of safety. There are costs being absorbed by the Tigard community in reacting to urgent needs that arise among the homeless and low-income populations. Frequent calls to emergency response personnel use the resources of police and fire units resulting in decreased response reliability of these units when needed for other emergencies in the community. Additionally, volunteer resources are utilized to run food pantries, severe weather shelters, mental health clinics, medical and dental clinics, pet care, etc. (see Appendix D for number of volunteer hours). Decreased use by the general public of Tigard's walkways and frequenting local businesses occur as a result of signing (standing at intersections with a sign) and loitering on Tigard Main Street and surrounding areas, and high traffic intersections. Littering that occurs as a result of camping and signing changes the appeal of Tigard to revenue and employment producing businesses and future residents. Public inebriation and drug usage can be a nuisance and when congregating in groups around businesses and walkways, increases community risk and challenges a sense of public safety.

## **A Formerly Homeless Person's Perspective**

### **Challenges of Homelessness in East Washington County**

**Shelter.** Severe weather shelters are opened only during the winter months, but barely cover the housing/shelter needs. With Oregon weather being varied and sometimes surprising, additional shelters are needed outside the time frames these shelters operate. While the libraries, supermarkets, fast food restaurants and other businesses provide some relief to the elements, the patience of these institutions have been and will continue to be strained.

**Food.** Food is a constant struggle. Homeless need to find food pantries in the area, identify food pantry hours of operation, how to get there and how to transport food to campsites. They only take what can be carried and consumed quickly. There is no refrigeration, so food does not last long. There are three four churches that have free community dinners on a set evening.

With a little bit of cash, food can be purchased at supermarkets or fast food restaurants. Once a month, in the summer, there are dinners at Woodward Park, hosted by local churches.

**Transportation.** While a few of the homeless own bicycles, most rely on public transportation for journeys of more than two miles. The prohibitive cost of bus tickets prevents most homeless from traveling outside their “home” areas; keeping panhandling local and limiting their access to resources, medical assistance and employment. With walking as the main mode of transportation, good footwear and adequate rain protection are of vital importance. Without this the homeless have problems with foot care.

**Time.** It takes a tremendous amount of time to coordinate and get to the basic needs of food, medicine, health care, programs of support and emergency services. Long walks and/or waits for public transportation between services on a daily basis leaves little time or energy for extras like looking for housing or employment. At \$2.50 for 2.5 hours, or \$5 all day for a TriMet ticket, even bus fare can be cost prohibitive. Some use bus fare as “rent” for catching a little bit of sleep undisturbed while riding the bus.

**Identification.** Almost all of the homeless have no legal papers of identification, and no funds to procure a copy of a birth certificate, renew a state I.D. card, or travel to a Social Security office to obtain a duplicate card. This curtails any employment opportunities that may be available, which perpetuates the vicious cycle of poverty and homelessness.

**Medical and Dental Assistance.** Thankfully health insurance is now more readily available to the homeless so that they can see doctors and may be able to receive regular care for their medical needs. Still, they find themselves in emergency rooms for their medical care as planning ahead and keeping scheduled appointments and deadlines are difficult. Dental insurance is seldom available or maintained. The free dental clinics are infrequent and only provide minimal types of services. By the time a dentist is seen at public events the usual solution to a toothache is tooth extraction. Vision is another issue. The drug store magnifying glasses are the solution for many eye issues. If glasses are secured and broken or lost it may take a few years to save adequate dollars for a subsequent exam and new glasses. Other local programs supporting eyeglass needs are overtaxed with long waiting lists. Care of the feet is essential.

**Mental Health and Substance Abuse.** It is a concern that so many of the homeless turn to alcohol or drugs to ease the distress of living day to day, hand to mouth, without any kind of possible positive future. They resort to panhandling, either face to face on the street, flying a sign on a busy corner, or approaching riders of mass transit at the stations or right on the buses and trains, to obtain the few dollars needed to purchase food, bus fare and/or the sedative they need to make it through another hopeless day. The mentally ill have difficulties determining their needs, and even less success in addressing them. Luke-Dorf offers mental health

counseling, help with coping, and supplies to survive living outdoors and help applying for specialized housing. Emergency services are also available through the mental health crisis line.

**Animal Companionship.** Many of the homeless, due to loneliness, security or companionship have pets. Most are dogs, but those homeless lucky enough to be able to "camp" may also have cats. For a few these pets also provide the only link to humanity, and provide an outward focus, a means to concentrate beyond their own condition, with another living being for which to care. But providing basic necessities for their animals is very difficult for the homeless. Proper pet nutrition is almost nil, not having the money to buy actual dog or cat food means the animals either eat the same unhealthy meals their owners can scrounge, or they fend for themselves in the wild, eating garbage, carrion or hunting small animals. Visits to the veterinarian are too expensive, even in emergency situations. Coupled with the lack of transportation the lack of funds causes many pets to endure pain and discomfort, and their owner's distress.

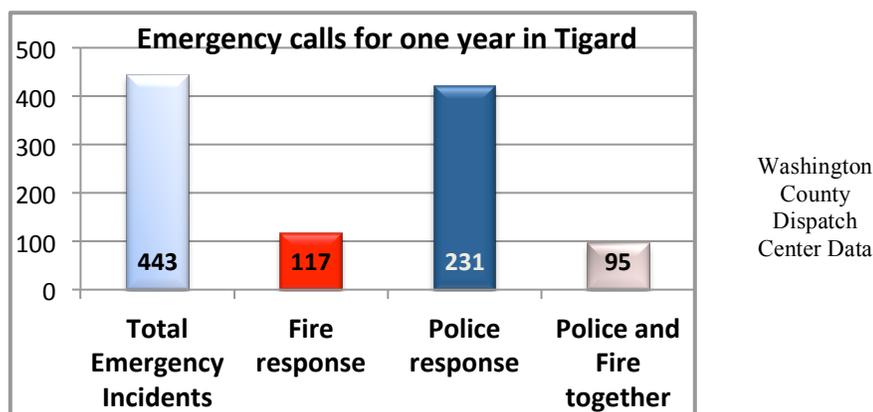
**Law Enforcement.** Because they are on the fringes of established society, the homeless have an innate fear and distrust of law enforcement. While many of them have had unpleasant occasional encounters with the police, many have also been to jail or prison and fear that any small transgression would return them to the penal system. A distressing number of homeless are on probation or parole which requires constant contact with their parole officers, made even more difficult by lack of transportation options and easy means of communication. Simply, the homeless have no stable address or phone number, and no income to pay for telephones or the costly fees and court costs parole and probation incur. Couple this problem with the not unreasonable, to the homeless, mindset that law enforcement only approaches them to cause trouble, move them along, or return them to jail. Every interaction is bound to be trouble one way or the other: either a costly fine or imprisonment.

**Perception.** Perhaps the biggest barrier the homeless face is the perception and reaction the general population has of them. Most homeless are very aware of the common assumptions that those who are homeless are so because they refuse to work, lazy, drunk, abuse substances or stupid; in other words, "they brought it on themselves." Another common belief is that the homeless must have flawed characters and no willpower and they hear comments like, "They are all criminals, just look how they live, like animals." They know, or feel that they are thought of as dirty, smelly, disease-riddled and barely human. All of these attitudes perpetuate the stereotypes of homelessness and erect barriers for the homeless to reintegrate into society.

## Police and TVF&R Personnel Perspectives

Police and/or TVF&R Fire Departments in Tigard alone received 443 calls related to homelessness in April 2014 - April 2015. Typical issues were overdose, mental health crisis, unconscious/unresponsive, assist police with welfare checks, unknown medical problem, and drunk and/or disorderly conduct. The combined Police Department records of Tigard, Tualatin and Sherwood had 750 calls in 2014 related to the homeless population (key words: transient, vagrant, homeless, loitering or trespass).

**Emergency Resources Used For Calls.** The data bar graph shows that the homeless population is directly or indirectly involved in a large number (443) of 911 calls in the Tigard area each year. Often multiple units are responding to each call. When all respond to a call, 7 to 8 personnel are involved; 1 Fire Unit w/ 4 fire personnel, 1 Ambulance Unit with 2 paramedics, and 1-2 Police Units with 1-2 police officers. After each event, there is an additional 15-30 minutes needed to write reports. Average time spent on scene per call is approximately 20 to 60 minutes. During this time, units are not available for other emergency needs in the community. Extra time has been needed by the responders trying to locate appropriate supports for the homeless.



### Benefits of a Day Center in Tigard

Police and TVF&R departments share a mission to protect and assist the communities served when unsafe or hazardous situations occur. According to Rob Watson, Lieutenant/Paramedic with TVF&R, “we should take every step we can to prevent these emergencies from happening in the first place. A day center in Tigard will provide a place of refuge, rest, and recovery for homeless citizens and simply give them a place to go which may very well reduce calls to 911.” A Day Center in Tigard would:

- Increase the response reliability and better distribution of emergency resources.

- Reduce response by police and firefighters for incidents involving homeless citizens could keep fire engines and police units available for responding to other emergency incidents such as car wrecks, house fires and heart attacks.
- Reduce risk to the community.

## **A Collaborative Effort: Opening a Day Center in Tigard**

Outcomes we intend to achieve in our community as a direct result of this project:

- Provide a space for adults experiencing homelessness to gather during the day, diverting them from loitering in downtown Tigard and on the walkable areas, thereby contributing to restoring the identity of downtown Tigard for shopping, dining, recreation and community activities.
- Provide a known and readily available resource for emergency responders, businesses and civic organizations to connect the homeless with local supports.
- Offer opportunity to decrease the negative stereotypes towards adults experiencing homelessness by creating a place for Tigard residents to learn how to responsibly engage with adults experiencing homelessness.
- Assist rapid rehousing efforts by providing support and resources to those who are on the edge of losing housing.
- Create a daytime facility to shelter adults experiencing homelessness from the weather during all seasons.
- Give a warm, hospitable environment and a place for social interaction to overcome some of the isolation and rejection common to those experiencing homelessness.
- Foster a sense of safety to the homeless as well as the broader community.
- Expand opportunities to engage people in the community through education, training and engagement with adults experiencing homelessness in Tigard.
- Provide daily showering and laundry facilities to improve personal hygiene, health and appearance of the homeless.
- Provide food for nourishment, available consistently in one place to cut down on the amount of time, effort and transportation costs involved in relying on local food pantries.
- Reduce pan handling and “flying signs” as a way to obtain food and basic needs.
- Provide resource information on local help resources including mental health supports.
- Provide mail services; necessary for applying for jobs, obtaining and receiving supports of all kinds.
- Provide a clothing closet to replace worn out items, improve appearance, health and self-esteem.
- Provide assistance to overcoming barriers to employment and job assistance.

- Support the individual's transition from homeless into a more stable lifestyle, changing the focus from day-to-day survival to long-term possibilities.

*\*See comparisons of four day centers in Oregon in Appendix B.*

## **Just Compassion in Collaboration with Tigard City Council**

- **Endorsement:** To publicly endorse that a Day Center will improve the Tigard community and help the homeless at the same time. That one-centralized location for delivering care during the day for the homeless is the practical and compassionate solution to a problem that is not going away.
- **Building:** Identifying a suitable structure in a location supported by the city leaders. We invite the assistance of the city in finding a property within proper zoning, or to assist with a zoning variance if needed.
- **Finances:** To rent a space and adapt it to the needs of a day center requires funds. Some of the communities with day centers have financial support from their cities. We request the city of Tigard consider allocating funds for the building, at least in the start-up phase. (See Appendix C for start-up costs.)
- **Grants:** To secure adequate funding, we will be applying for grants. We are told that the city staff is familiar with the grant process and might assist us in preparing and administering grants. We would appreciate their assistance.
- **Credibility:** To be aware that there is a community coalition that believes in this endeavor, which has been meeting for six years with the same focus on helping the homeless. Just Compassion has filed its 501c3 application, created a vision and a plan for a homeless day center and is willing to put in the time, effort, and fundraising to get a day center for the homeless operating.
- **Connections - Resourcing:** Should issues arise, city staff would have Just Compassion as a resource of information and network people and organizations to work with in solving issues associated with homeless behavior needs.
- **A Community-Centered Response:** It takes churches, businesses, non-profits, and civic organizations to come together to support challenging issues in any community. Adults experiencing homelessness are a segment of our community that provide a challenge which is currently not being dealt with in a comprehensive way. The Day Center is one step in the direction towards a solution to a problem that affects the Tigard community.

## Communities/Organizations that Collaborate Can Make a Difference

### Just Compassion of East Washington County

**2010:** Just Compassion formed in 2010 as a once a month meeting to resource those serving adults without homes in Tigard, Oregon. We served in separate organizations that hosted severe winter shelters, community meals, food pantries, and showers and laundry but felt a connection around our compassion for those who live outside. The meetings became a place of support, collaboration, resourcing and networking.

**2011 & 2012:** Other organizations serving a similar population in the surrounding communities of Sherwood and Tualatin began attending the meetings.

**2013:** The group decided to collaborate by producing Resource Cards featuring the operating details of our membership organizations: Severe weather shelter schedule, hot meal sites, shower & laundry schedules. Additionally, Just Compassion selected as official name for the group, registered as a non-profit organization in Oregon and opened a checking account. See Appendix A.

**2014:** Added information about food pantries on the resource cards.

**2015:** In January Just Compassion registered again as a non-profit) under the name Just Compassion of East Washington County, and began the process of completing the 501c3 application, creating by-laws, and electing officers. Our monthly “coalition” meetings continue to be a gathering place to support, collaborate, resource and network around serving adults without homes or living in poverty.

## Community Outreach of Just Compassion Coalition Members

### Showers and Laundry

Showers and laundry services are provided monthly at Showers and Laundry day (S&L day) and during the winter at some severe weather shelters. S&L day started in the spring of 2009 and is a once a month gathering Rosalita’s Laundromat for adults experiencing homelessness in Tigard. Our goal is to “be present” by listening to our friends talk about their lives while providing the basic needs for a warm/cool shower and clean clothes.

- 2012 – 52 for showers, 60 for laundry
- 2013 – 76 for showers, 118 for laundry

- 2014 – 77 for showers, 106 for laundry

## Severe Weather Shelters

East Washington County has four severe weather shelters - St. Anthony Parish in Tigard, Calvin Presbyterian Church in Tigard, Rolling Hills Church in Tualatin and St. Francis Parish in Sherwood (see Appendix D for number of bed stays and comparison by year). These shelters are only open November through the end of March on certain days of the week. Volunteers pick up homeless guests from the Tigard and Tualatin libraries and shuttle them to the shelters. Guests are driven back to the libraries early in the morning. St Anthony's Shelter is also open during inclement weather November through March any night except when Calvin and St Francis Shelters are open. Most guests arrive by foot. Services provided to homeless adult men and women:

- Transportation to and from the shelters
- Warm and safe environment for eating and sleeping
- Meals (dinner and traveling food for breakfast or lunch)
- Sleeping pads with covers and a pillow
- Sleeping bags as available
- Showers
- Laundry service
- Some clothing
- Encouragement to pursue housing and counseling resources

Each shelter is staffed by volunteers that are trained to work in the shelters and with the population that is served (see Appendix D for number of volunteer hours). St. Anthony and St. Francis host volunteer training in the October before the shelters open for the season. This training is open to the volunteers who will serve at any severe weather shelter. They have included presentations from the Tigard Police, Luke-Dorf, health fields, and the Washington County Crisis Team (mental health).

Shelters adapt the services they offer to the actual space provided in the sponsoring church. They all operate under the guidelines provided by Washington County Housing Services.

Guests are given supplies as the shelters have them on hand. These supplies may include:

- Sleeping bags, tarps, clothing, tents, hygiene kits, bus tickets, gift certificates for McDonalds

## Hot Meals and Food

**The Community Cafe in Tigard at St. Anthony Catholic Church** cafeteria/gymnasium (school building) is run and operated by the Tigard St. Vincent de Paul Council and “manned” by volunteers from St. Vincent de Paul, St. Anthony Catholic Church and people from the Tigard community. The Cafe serves an average of 250 people each month of the year. A free hot meal is served every Sunday evening from 5:30 pm - 7:00 pm -rain or shine

**Hope Diner at St Francis in Sherwood.** Hosted on Sunday evenings.

**Hope’s Table at Rolling Hills Community Church in Tualatin.** Hosted on Monday evenings.

(See Appendix A for food pantries)

## Linking Individuals in Need to Resources through Churches: Love INC of Tigard, Tualatin, & Sherwood

**Opened August 2013:** Love INC works to connect local Christian churches, church volunteers and community organizations together to help residents of Tigard, Tualatin and Sherwood during times of need. Love INC provides non-cash supports to free a household’s income for paying their own rent and utilities. Upon reacquiring housing, these supports help accelerate stabilization for the formerly homeless and help all low income people stay in housing.

The church doorstep is a frequent destination for people in need. But most churches alone cannot fully meet the needs of every individual or family who asks them for help. Love in the Name of Christ enables churches in a community to coordinate their resources and services so that those in need are not turned away.

The Love INC model creates a central phone helpline to screen requests for legitimacy, eliminate duplicated services between community agencies and churches, and facilitate collaboration and shared resources among those in the Love INC network. Because Love INC verifies each request for assistance is legitimate, churches can be good stewards of their resources.

Love INC assists churches in going beyond benevolence or simply handing out resources. Love INC also strives to prevent creating dependency in those they assist by discovering and solving problems at the root level.

More than money, the core of this work within the community is building relationships with people. Caring penetrates to the roots of people's need for self-respect, confidence, living skills, friendship, and hope.

### **Types of Products and Services**

- “Essentials” Pantries (cleaning supplies, paper products and personal hygiene supplies)\*
- Transportation—bus tickets for work, medical appointments, access services; personal rides\*\*
- OTC Medical Supplies\*
- Linen Closet (blankets and bedding, towels)\*
- Babies and children clothing and supplies, maternity clothing
- Adult clothing, job search support, and spiritual support for disadvantaged women
- Food: food pantries, hot meals, emergency food boxes\*, community gardens
- Furniture\*, mattresses and bedding and misc. household items (small fee) medical equipment
- Haircuts\*
- Budgeting Coaches\*, Job Coach, Parenting Class\* (Circle of Security) and Spiritual Direction Counseling

*\*Available to Love INC clients only*

### **Outreach to Homeless: Luke-Dorf**

Luke-Dorf's Washington County Homeless Outreach Program brought PATH (Projects for Assistance in Transition from Homelessness) funded services into Washington County for the first time. The program provides outreach, emergency assistance, and case management to homeless persons with serious mental illness. Outreach Workers connect with homeless people throughout the county and identify and assist those in the population who are dealing with serious mental illness. They are available to respond to referrals from homeless individuals, hospital emergency rooms, jails, homeless shelters, drop-in centers, police, and the general community.

Services provided under this program fall into three categories: outreach, emergency assistance, and case management.

- **Outreach:** This involves daily travel by car or on foot into areas where homeless people are known to camp, such as industrial yards, undeveloped green spaces, or the extensive rural areas of Western Washington County.
- **Emergency Assistance:** Available for urgent needs. Clients receive food, toiletries, blankets, sleeping bags, and referrals to local resources.

- **Case Management:** If mental health services are necessary and desired by the individual, an Outreach Worker formally enrolls that person into the PATH program's case management component. This involves linkage to mental health, substance abuse and housing services, as well as benefits and entitlements.

Individuals willing to engage in mental health treatment are connected with a community provider that best suits their individual needs and desires. This may involve ongoing treatment and services from Luke-Dorf or other community partners, such as Sequoia Mental Health, Lifeworks NW, and Western Psychological Services, as well as free medical and dental providers

### **Transition to Group Housing: Jubilee Transition Homes**

Jubilee Transition Homes (JTH) is a faith-based ministry whose mission is to help the homeless and meet the needs of the community through group homes that create a Christian family environment. Working in partnership with other community agencies, churches and ministries, JTH is caring for the needy among us through transitional homes, which provide opportunity to transform lives of homeless men.

JTH is committed to helping the homeless population in Tigard and the surrounding areas stabilize their housing and address the issues that led them into homelessness. Each person entering the program becomes a resident. As a resident, they are expected to contribute to the livelihood and welfare of their home.

The time spent as a resident of JTH assists these homeless men entering the program to get a new start on their transformation from homelessness to self-sufficiency, self-respect and dignity and a future of hope. We provide them with a "hand-up" not a "hand-out."

### **Conclusion**

Just Compassion demonstrates an ability to collaborate across diffuse organizational boundaries. It is the commitment of Just Compassion to network and share resources for creating a safe and hospitable environment and a community centered response to the needs with adults experiencing homelessness in East Washington County. At minimum, we need the endorsement of Tigard City Council and your constituents to pursue our endeavor of opening a Day Center for homeless adults. Optimally, by collaborating with you, we would be contributing to attaining the goals of the City of Tigard, by positively impacting the public and business appeal as well as partnering with the Federal and State Government 10-Year Plans to end homelessness. Thank you for your time and consideration.

## APPENDIX A

## Resource Cards: March 2015 Food Pantries Locations and Schedules

Local Food Pantries Locations and Schedules		March 2015	
	Tigard Covenant Church 11321 SW Naeve St.	Tigard & Tualatin Residents Tues. 9am to 12pm	Tri-Met #93 or 94 Bus Stops #9597 or #4267
	St. Vincent de Paul 12630 SW Grant Ave. Tigard Residents	M, Tu, Th, F 12:00-2:30pm Wed. 1:00-3:00pm Th. 4:30-6:30pm Sat. 10:00am-12:00pm	Tri-Met #45, Bus Stop #13034
<b>TIGARD FOOD PANTRIES</b>	King's Kindness Pantry Portland Vineyard Church 14460 SW 114th Ave.	(No Residential Restrictions) Thur. 12-3pm	Tri-Met #93 or 94 Bus Stops # 4270 or #4271
	Tigard Community Basket 11905 SW 91 <sup>st</sup> Ave.	3 <sup>rd</sup> Thur. of month, 1-2pm Greenburg Oaks Apartments Community Room	Tri-Met #76 or 78 Bus Stops #2239 or 2237
	Bethlehem House of Bread 9055 SW Locust	Sundays, 1-3pm Clients may visit once a month	Tri-Met #76 or 78 Bus Stops #12403 or 12404
	Tigard Friends Church 15800 SW Hall Blvd.	3 <sup>rd</sup> Saturday of the month 11am – 1pm	Tri-Met #76 Bus Stops #10631 or 9071
Local Food Pantries Locations and Schedules		March 2015	
	St. Francis Food Pantry St. Francis Catholic Ch. Old Hall 15659 SW Oregon St.	Wed. 9-11am and 5-7pm Thur. 9-11am	Tri-Met #93 or 94 Bus Stops #4451 & #4452
<b>SHERWOOD FOOD PANTRIES</b>	Helping Hands Pantry 22280 SW Washington St.	3 <sup>rd</sup> Sat. of month, 9:30-11:30am	Tri-Met # 93 or 94 Bus Stop #4452
	Willowbrook Pantry 19200 SW Edy Rd.	Tues. 4-6pm Sat. 9-11am	Tri-Met # 93 or 94 Bus Stops #8306 & 9189----Long walk
<b>TUALATIN</b>	Tualatin School House Pantry Community Life Center 3550 SW Borland Rd.	Tualatin & Durham Residents Mon. 3-8pm Wed. 10-3pm Fri. 10-3pm	Tri-Met # 76 Bus Stop #8279 Long Walk except Monday shuttle

## Resource Cards: November 2014 Showers and Laundry and Hot Meals

Showers and Laundry (Nov. 2014) Turn over for Hot Meals Calendar

Tualatin	<b>Rolling Hills Church</b> 3550 SW Borland Rd	<b>SHOWERS</b> <b>Every Monday</b> On SE side of building next to the loading dock	Showers available during Hope's Table 5-7pm (hot meal)	<b>Shuttle</b> 5 pm pick up at Tualatin Library
	<b>Seventh Day Adventist Church</b> 22222 SW Grahams Ferry Rd	<b>SHOWERS, LAUNDRY &amp; CLOTHING</b> available <b>Every Wednesday</b>	<b>10am-noon</b>	No Shuttle
Tigard	<b>Rivers Way Friends @ Rosalita's Laundromat</b> 11696 SW 88th Ave. (Far west end of complex, on the back side, behind Dollar Tree/near Jo-Ann Fabrics)	<b>SHOWERS</b> <b>Monthly, 1<sup>st</sup> Sunday</b> Year round <b>2014:</b> 11/2, 12/7 <b>2015:</b> 1/4, 2/1, 3/1, 4/5, 5/3, 6/7, 7/5, 8/2, 9/6, 10/4, 11/1, 12/6	<b>1:00 – 3:30pm</b> Arrive before 2:30pm. Maximum of 2 loads.	<b>Shuttle</b> Between laundry & shower facilities. Lunch available.
Tigard	<b>Tigard United Methodist Church</b> 9845 SW Walnut Pl <b>Calvin Presbyterian Church</b> 10445 SW Canterbury Lane	<b>SHOWERS</b> Call for appointment <a href="tel:503-639-3181">503-639-3181</a> <b>LAUNDRY ONLY</b> Call <a href="tel:503-639-3273">503-639-3273</a>	<b>By Appointment</b>	No Shuttle

Hot Meals Calendar/Sites Turn over for Showers & Laundry

Sherwood	<b>Hope Diner</b> St. Francis Catholic, Old Hall 15659 SW Oregon St	Every Sunday 5-6pm
Tualatin	<b>Hope's Table</b> Community Life Center of Rolling Hills Church 3550 SW Borland Rd	Every Monday 5-7pm Located on the SE side of the church next to the loading dock
Tigard	<b>Community Café</b> St. Anthony's Catholic 9905 SW McKenzie St	Every Sunday 5:30-6:30pm
	<b>Tigard Covenant Church</b> 11321 SW Naeve St.	Every Tuesday, 6pm

Provided courtesy of Just Compassion and Love INC Tigard, Tualatin and Sherwood

Subject to change without notice

Nov. 2014

## APPENDIX B

**Day Shelters in Oregon: Comparison**

<b>Support/Service/Basic Info</b>	<b>Our Father's Heart - Clackamas County</b>	<b>Open Door</b>	<b>Anawin - Multnomah County</b>	<b>Corvallis Daytime</b>
<b>Days of Operation</b>	4	4 for clients	5	5
<b>Hours of Operation</b>	8:30am-5:30pm	9am-4pm	1pm-6pm	9am- 2pm
<b>Food/Meals</b>	3: breakfast, lunch, snack and lunch to go. Tuesdays provide sack lunch and beverage to street locations; hot breakfast	Meal preparation and food pantry	4 days a week	Coffee, tea, and occasional snacks
<b>Showers</b>	1	1	Yes	No
<b>Laundry</b>	Yes	Yes	No	No
<b>Mail/Phone Access</b>	Yes	Yes	Yes	Yes
<b>Overnight Shelter</b>	Severe winter only	No	Yes	No- Partners with other overnight facilities in Corvallis
<b>Provides basic health or access to health care</b>	Monthly	Refer to TPI TB shots with Multnomah Co.	Health clinics 1-2/year	Yes - Info and appointments with Bento Co.
<b>Computer Access</b>	Yes	No	Working on that (security related issues), have wifi	Yes, but not adequate
<b>Personal Grooming</b>	Yes	Hair cuts	No	Yes

<b>Offers</b>				
<b>Clothing Available</b>	Yes	Occasional	Yes	No
<b>Numbers Served/Day</b>	80-100	25	40-70 depending on weather	75-100
<b>Pets</b>	No	No	Leashed and with owners - even in showers	No unless certified service animal
<b>Special Events</b>	Christmas parts at a church, adopt a family program	Holiday meals	Monthly bar-b- cue	Summer picnics, Christmas, clothing shop, health plan paper work
<b>Location</b>	Rented building downtown Oregon City	Garage portion of a house in commercial area	Mennonite Church	Use space in First Christian Church - Corvallis
<b>Partners/Coalitions</b>	Self/Volunteers	Just Us, Cornelius - Transitional Housing, Community Connect	Mennonite Church, Day Shelter, network with other churches	City of Corvallis, local churches
<b>Other Programs</b>	Street ministries of basic needs	No	Clothing closet, outreach to St. John's, kitchen for self cooking, volunteer work program for pay	Homeless Employment Launching Project, Advocates of Pets of Homeless People
<b>Funding</b>	Donations and grants	Community Action, donations and grants	Donations	City Development Block Grant, donations

<b>Issues</b>	Dual Zoning	Police presence sometimes needed, complaints from drive-byes	Neighbors, city codes, mediation session with neighbors	Historic neighborhood downtown area
<b>1 Year Operating Expenses</b>	\$200,000 - two paid administrators	\$97,000		\$105,000
<b>On-Site Management</b>	Executive director and administrator	Case manager/director	Volunteer peace-makers with referrals to counseling services	Yes - depending on available funding
<b>Counselor on site</b>	Yes - Director	Yes	Volunteer peace-maker with referrals to counseling services	Counselor on site

## APPENDIX C

### Day Center: Projected Start-Up Costs

#### Possible Renovations:

- 2 bathrooms with 2 stalls each
- Shower facilities – minimum of 1
- Kitchen – stove, refrigerator, dishwasher, work space, storage
- Computer set-ups – 4 minimum
- Large hot water heater
- Office spaces – director, counselors
- Laundry facilities – 1 washer, 1 dryer

#### Basic start-up needs and costs:

- 8 lockers - \$613
- Washer - \$550 – Costco
- Dryer - - \$500 – Costco
- Electric stove - \$650 – Costco
- Refrigerator – 18 cubic foot – Sears - \$600
- Dishwasher - \$400 – Costco
- 80 gallon hot water heater - \$900 (George Morlan)
- 10 sleeping mats - \$35 each - \$350 (on-line Bi-Mart)
- Keys - \$25
- Blankets – donations
- Tables and chairs – donations
- 2 couches – donations
- 4 computers – donation
- TV – donation

## APPENDIX D

**Severe Weather Shelter Statistics: November 2014 - March 2015****Number of Bed Stays**

	<b>Tigard St. Anthony Catholic</b>	<b>Tigard Calvin Presbyterian</b>	<b>Tualatin Rolling Hills</b>	<b>Sherwood St. Francis Catholic</b>
November	151	0	98	73
December	154	56	62	61
January	122	89	71	76
February	86	67	78	80
March	102	68	95	118
<b>Total</b>	<b>615</b>	<b>280</b>	<b>404</b>	<b>408</b>

**Number of Volunteer Hours**

	<b>Tigard St. Anthony's Catholic</b>	<b>Tigard Calvin Presbyterian</b>	<b>Tualatin Rolling Hills</b>	<b>Sherwood St. Francis Catholic</b>
November	595	0	520	270
December	630	165	369	280
January	479	336	396	280
February	375	274	264	280
March	456	284	264	350
<b>Total</b>	<b>2536</b>	<b>1059</b>	<b>1813</b>	<b>1460</b>

**Comparison by Year, All Washington County Severe Winter Shelters**

<b>Year</b>	<b>Bed Stays</b>	<b>Volunteer Hours</b>	<b>Days of Sheltering</b>	<b>Number of Shelter Sites</b>	<b>Unique Guests</b>
2014-2015	5,409	13,581.25	125	6	at St. Anthony's:125
2013-2014	5,334	13,553.75	122	6	107
2012-2013	5,629	14,362	No data	7	68
2011-2012	4,497	11,015.75	No data	5	77
2010-2011	4,796	11,585	No data	6	67
2009-2010	3,221	7,874	No data	6	1st year
2008-2009	3,237	7,629	No data	5	No data
2007-2008	171	341.5	No data	3	No data

## Appendix E

### Collaboration Points with Goals of State, County and City

#### Oregon - A Home for Hope: A 10-year plan to end homelessness in Oregon

- Goal 1- Prevent and divert people from becoming homeless by working with them to obtain and keep their housing
- Goal 2- Expand, develop, and coordinate the supply of affordable housing and supportive services to prevent and end homelessness, and shorten stays in shelters
- Goal 3- Build the capacity of homeless persons for self-support through strategies that identify their risk of homelessness and their needs, and to access appropriate housing with appropriate supportive services
- Goal 4- Identify and implement system improvements for coordination at the program funding and delivery levels leading to measurable results
- Goal 5- Implement education and public awareness campaigns to remove societal stigma about homelessness and to build community support and coordinated responses
- Goal 6- Improve data collection technology and methodology to better account for homeless program outcomes (p. 38, <http://www.oregon.gov/ohcs/docs/2014-AAP-FINAL.pdf>)

#### Washington County- Washington County Tomorrow: 10-Year Plan Goals and Strategies

##### Washington County Goals

- Prevent People from Becoming Homeless
- Move People Into Housing
- Link People to Appropriate Services and Remove Barriers - improve and expand homeless outreach and engagement with services/housing for homeless and sheltered singles and families. (p. 31, A Road Home: 10-Year Plan to End Homelessness July 2008-2018): day shelter provide a place for networking with rapid re-housing systems
- Increase Income Support and Economic Opportunities
- Expand Data Collection
- Implement Public Education on Homelessness - demystify homelessness through public education, community partnerships: volunteers and group activism (p. 37, A Road Home: 10-Year Plan to End Homelessness July 2008-2018) - HSSN and Interfaith Committee on Homelessness

### Collaboration Points with Just Compassion Day Center

#### Tigard City Council 2015-17: Goals and Milestones

- Provide Recreation Opportunities for the People of Tigard.
  - *Collaboration point* - provide a place for adults experiencing homelessness to have opportunities for harmless or safe recreation.

- Make Downtown Tigard a Place Where People Want to Be.
  - *Collaboration point* - provide a space for adults experiencing homelessness to gather during the day, diverting them from loitering in downtown Tigard walkable and transit-supported areas, walkable access to open space/plazas, and assist in reimagining the identity of downtown Tigard - for shopping, dining, recreation and community activities
- Expand Opportunities to Engage People in the Community.
  - *Collaboration point* - assist in educating community on homelessness and provide training for volunteers.

## RESOURCES

### **Federal**

Opening Doors: Federal strategic plan to prevent and end homelessness update 2013  
[http://usich.gov/resources/uploads/asset\\_library/USICH\\_Annual\\_Update\\_2013.pdf](http://usich.gov/resources/uploads/asset_library/USICH_Annual_Update_2013.pdf)

### **State of Oregon**

A Home for Hope: A 10-year plan to end homelessness in Oregon, Action Plan  
<http://www.oregon.gov/ohcs/pdfs/report-ehac-10-year-action-plan.pdf>

Portland Housing Bureau Reports and Data  
<https://www.portlandoregon.gov/phb/60786>

2014 Annual Action Plan: Housing and community development programs (State of Oregon)  
<http://www.oregon.gov/ohcs/docs/2014-AAP-FINAL.pdf>

### **Clackamas County**

Clackamas County 2013 Point in Time Count of Homeless Individuals  
[http://www.clackamas.us/communitydevelopment/documents/HMIS\\_2013\\_Clackamas\\_Homeless\\_PIT\\_Report\\_Final.pdf](http://www.clackamas.us/communitydevelopment/documents/HMIS_2013_Clackamas_Homeless_PIT_Report_Final.pdf)

Clackamas County Continuum of Care  
<http://www.clackamas.us/communitydevelopment/cchp.html>

HUD Homeless Definitions 2012: lists definitions, types of programs and names of programs for each definition  
[http://www.clackamas.us/communitydevelopment/documents/homeless\\_definitions.pdf](http://www.clackamas.us/communitydevelopment/documents/homeless_definitions.pdf)

### **Multnomah County**

2013 Point in Time Count of Homelessness Portland/Multnomah County, Oregon  
<https://www.portlandoregon.gov/phb/article/513379>

### **Washington County**

A Road Home: 10-Year plan to end homelessness 2008 - 2018  
<http://www.co.washington.or.us/Housing/upload/Ten-Year-Plan.pdf>

Washington County 10-Year plan to end homelessness: Media Release  
<http://www.co.washington.or.us/Housing/upload/Media-Release-10-Yr-Plan.pdf>

A Road Home: 2103 Homeless assessment report

[http://www.co.washington.or.us/Housing/EndHomelessness/upload/Final-09232013\\_2013-Homeless-Assessment-Report\\_Year-5-of-10-Year-Plan.pdf](http://www.co.washington.or.us/Housing/EndHomelessness/upload/Final-09232013_2013-Homeless-Assessment-Report_Year-5-of-10-Year-Plan.pdf)

2015 Point in Time Report

<http://www.co.washington.or.us/Housing/EndHomelessness/upload/2015-PIT-Washington-County-Local-Reports-2.pdf>

Point in Time (PIT) Count Federal and State Historical Data

[http://www.co.washington.or.us/Housing/EndHomelessness/upload/HPAC\\_2015-Homeless-Count-Summary.pdf](http://www.co.washington.or.us/Housing/EndHomelessness/upload/HPAC_2015-Homeless-Count-Summary.pdf)