

**Free Showers and Laundry** (May 2016) *Turn over for Hot Meals Schedule* 

<b>Tualatin</b>	<b>Rolling Hills Church</b> 3550 SW Borland Rd	<b>SHOWERS &amp; HOT MEAL</b> <b>Every Monday</b> On SE side of building next to the loading dock	<b>5 - 7pm</b> <b>Shuttle:</b> 5 pm pick up at Tualatin Library
	<b>Seventh Day Adventist Church</b> 22222 SW Grahams Ferry Rd	<b>LAUNDRY, SHOWERS &amp; CLOTHING</b> available <b>Every Wednesday</b>	<b>10 - noon</b> No Shuttle
<b>Tigard</b>	<b>Just Compassion @ Unity</b> Laundromat 11696 SW 88th Ave (Far west end of complex, on the back side, behind Dollar Tree)	<b>LAUNDRY, SHOWERS &amp; SANDWICHES</b> <b>Monthly, 1<sup>st</sup> Sunday</b> 2016: 6/5, 7/3, 8/7, 9/4, 10/2, 11/6, 12/4	<b>1 – 3:30pm</b> Arrive before 2:30pm. Max. 2 loads <b>Shuttle</b> To shower location
	<b>St. Anthony Catholic Church</b> 9905 SW McKenzie St in the Severe Weather Shelter	<b>SHOWERS</b> <b>Monthly, 3<sup>rd</sup> Sundays</b> April through October 2016: 6/19, 7/17, 8/21, 9/18 & 10/16	<b>3 – 5pm</b> No Shuttle TRIMET #45 Bus Stop 13034
<b>Tigard</b>	<b>Tigard United Methodist Church</b> 9845 SW Walnut Place	<b>SHOWERS</b> Call 503-639-3181	<b>By Appointment</b> No Shuttles
	<b>Calvin Presbyterian Church</b> 10445 SW Canterbury Lane	<b>LAUNDRY ONLY</b> Call 503- 639-3273	

# Free Hot Meals Schedule/Sites

Turn over for Showers & Laundry 

<b>Sherwood</b>	<p><b>Hope Diner</b>                  St. Francis Catholic Old Hall                  15659 SW Oregon St</p>	<p><b>Every Sunday</b>                  5 - 6pm</p>
<b>Tualatin</b>	<p><b>Hope's Table</b>                  Community Life Center of  <b>Rolling Hills Church</b>                  3550 SW Borland Rd</p>	<p><b>Every Monday</b>                  5 - 7pm                  Located on the SE side of the                  church next to the loading dock</p>
<b>Tigard</b>	<p><b>Community Café</b>  <b>St. Anthony Catholic</b>                  9905 SW McKenzie St</p>	<p><b>Every Sunday</b>                  5:30 - 6:30pm</p>
	<p><b>Tigard Covenant Church</b>                  11321 SW Naeve St</p>	<p><b>Every Tuesday</b>                  6pm</p>

*Provided courtesy of Just Compassion and Love INC Tigard, Tualatin & Sherwood & City of Tigard*  
 Web: [justcompassionewc.com](http://justcompassionewc.com)      *Subject To Change Without Notice*      *Updated: May 2016*